

Project Fresh Light

Bimonthly Update for January 2006

Project Fresh Light

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Project Fresh Light

endeavors to bring new energy, emphasis and effectiveness to the treatment, services and supports received by Wisconsin's adolescents with substance abuse and co-occurring disorders and their families by improving our provider network, integrating service administration, resolving funding and regulatory barriers and improving data management.

From Susan's Cubicle

Project Fresh Light will be our state / county, treatment providers', youth, parent, and payors' opportunity to address our state adolescent treatment services. I am very proud that the grant application, that John Franz and I collaborated on over a year ago, has been funded through the Center for Substance Abuse Treatment (CSAT). Although the award of \$400,000 a year for three years cannot be used directly for treatment, the funds will allow all of us to collaboratively assess, review and develop a sustainable infrastructure at all levels to provide a better quality systemic response to the adolescent need for treatment. In other words, we have the opportunity to find out what we're doing now, what our barriers are, and redesign our systems to get us to where we would like to be not only now or three years from now but for the future.

As your grant coordinator, one of the first assignments from CSAT was to complete a 17-page survey. I am and continue to be perplexed regarding one of the answers that we had to share. We were asked to describe, using our prevalence data, the need for treatment and the numbers of youth receiving treatment in our state. The following is the available information that could be included in the survey.

Prevalence data indicates that 10.1% of the current statewide adolescent population of 484,703 are in need of substance abuse intervention treatment. In Wisconsin, this means 49,056 youth (2002 National Survey on Drug Use and Health).

The number of youth per year receiving any level of treatment services available per the 2004 Human Services Reporting System (HSRS):

Residential	75
Intensive Outpatient	120
Outpatient	1469
TOTAL	1655

So tell me, are we really only serving 1,655 youth for substance abuse treatment in the entire state of Wisconsin for a year? Now, granted the 49,036 number is not broken down between private and insurance covered versus public sector funding. Even with that, 1,655 seems either inaccurate or very daunting. It could be that we have not done a very good job of gathering data for adolescent treatment, or it could be a reflection of our state's identification, referral of youth, treatment resource availability and current fiscal climate.

Even though these numbers appear bleak, they are a beginning. The information in the *Updates* will hopefully provide communication across state, county, provider, payor, families and youth as a vehicle to share the collaborative efforts of the grant. Thank you for your commitment and willingness to tackle this complex issue with us your state partners and our partners at CSAT.

And so we begin . . .

Upcoming Meetings and Trainings

SCAAODA Intervention and Treatment Sub-workgroups for Project Fresh Light Vision Inclusion / Advisory Team Meeting:

Monday, April 17, 2006, Pyle Center, Madison WI

Pilot Meeting: February 9 (1:00 - 4:30) & 10 (8:30 - 3:00), AmericInn, Wisconsin Dells

Implications of Adolescent Brain Research on Juvenile Justice:

March 14 & 15, Madison, WI, Sheraton Motel. (Project Fresh Light will be offering five scholarships for each of our Area Administration Regions. Details on application process to be developed. More info forthcoming.)

Pilot & Expansion Meeting: May 18 & 19, Wisconsin Dells, Location TBA

WAAODA Annual Conference scheduled for May 8, 9, 10, Alliant Energy Center Exhibition Hall & Sheraton Madison Hotel: (Project Fresh Light will be offering five scholarships for adolescent substance abuse treatment providers. Details on application process to be developed. More info forthcoming.)

Global Appraisal Individual Needs (GAIN) Assessment Training by Chestnut Behavioral Health: Watch for May, June and July trainings in *Updates*.

Invitation: Project Fresh Light has been invited to present the infrastructure development to Wisconsin County Human Services Association (WCHSA) on February 24, 2006.

Midwest Summit: Boys at Risk

There is a sometimes silent crisis happening with boys in our society. While girls have made great strides in education, sports and career achievement, boys receive the majority of Ds and Fs in school, comprise 70% of all diagnosed learning disabilities, make up 80% of all classroom discipline problems and dropouts in high school. The vast majority of children

in the juvenile justice system are boys, and boys are four times more likely to commit suicide than girls. National speaker and creator of the National Association on Single Sex Education, Dr. Leonard Sax, will be the keynote speaker on this critical topic. Dr. Sax will present scientific studies that will explain why boys' learning styles, emotional processing and motivational behavior must be addressed differently than girls. Dr. Sax is a pediatrician and PhD Psychologist who has worked with children and their families for 20 years. He is the author of the powerful, *Why Gender Matters*, making an important case for being more gender-specific when working with girls and boys. This Summit is coordinated with our Project Fresh Light partners at Division of Continuing Studies, UW-Madison.

**Coming
June 12-13, 2006!!
The Pyle Center
Madison WI**

Next Steps

◆ **Congratulations**

Congratulations to Washburn County who is in the process of applying for CST funding to expand their services to include in-home treatment of adolescent substance abuse.

◆ **Contracts**

Contracts are in process for our Project Consultants per the grant: Chestnut Health Services, Wisconsin Alcohol and Drug Treatment Providers Association (WADPTA), Great Lakes Addiction Technology Transfer Center (GLATTC) and Wisconsin Family Ties.

◆ **New Adolescent Human Services Reporting System (HSRS) Code**

We have a new code that is available for statewide use. When staff fills out HSRF forms or enter HSRS data, enter the code “SAC” (federal State Adolescent Coordination grant) in Field 22, Special Project Reporting. We will produce regular reports by county and provider summarizing this information to more accurately reflect Wisconsin’s delivery of adolescent substance abuse treatment services.

Question: I would like to gather information regarding the use of Methamphetamine among our adolescents. Which HSRS Code is most appropriate?

Answer: Code 12 is the choice. Currently, Code 12 responds to “cat” which is similar to Methamphetamine in composition, effect and severity, etc., but not as prevalent. For more information, contact Susan Endres at endresl@dhfs.state.wi.us.

Northern Region Meeting

We’re proud to announce that a *Project Fresh Light* meeting with the Northern Region Counties (Sawyer, Forest, Oneida, Vilas, Bayfield, St. Croix, Washburn, Burnett, Wausau, Chippewa, Douglas, Ashland and Jackson) was held on December 8, 2005. Topics discussed were screening and assessment, treatment resources, funding and barriers. A meeting review will be sent to those counties with clarification questions on some barriers. A meeting for next December will be scheduled. Due to its success, we will be repeating this process in other parts of the state.



Northern Region Meeting Participants

Project Fresh Light

Update

is published bimonthly. It is our hope that these *Updates* will keep communication flowing between and among the wonderful people presently involved in the Project who are working towards the common goal of supporting and providing services to one of the most underserved populations in the state. Send comments or topic suggestions to Mary at unmutmj@dhfs.state.wi.us or 608-266-9612.